




Hightown Housing Association

The mother and baby service provides accommodation and support to women aged 16-30 who are either pregnant, or have a child up to 2 years of age. The service is provided by Hightown Housing Association in partnership with St Albans City & District Council (SADC).

-  01727 866100
-  stalbans@hpcha.org.uk
-  <http://www.hightownha.org.uk/care-and-support/young-people-2/mother-baby-service/>

Children's Centres

Provide information and services for families with young children aged 0-5 years.



<http://www.hertsdirect.org/services/edlearn/css/childrenscentres/>

Key contacts for mother and babies

Thumbswood Mother and baby unit




Self-contained unit providing specialist assessment, care and treatment for mothers suffering from mental illnesses associated with childbirth

Referrals:

-  01923 633880
-  <http://www.hpft.nhs.uk/our-services/mother-baby-unit/referrals/>

The South Hill Centre

Groups for parents/carers and their babies including:

- Squealers Toddler Group- Tuesday and Wednesdays for children up to three years old and their parent/carer
- Young Discoverers pre-school Monday to Friday for children from two and half years to 5 year olds
- South Hill Centre, Cemetery Hill, Hemel Hempstead, Hertfordshire, HP1 1JF
-  01442 234728
-  enquiries@southhillcentre.co.uk
-  <http://www.southhillcentre.co.uk/>